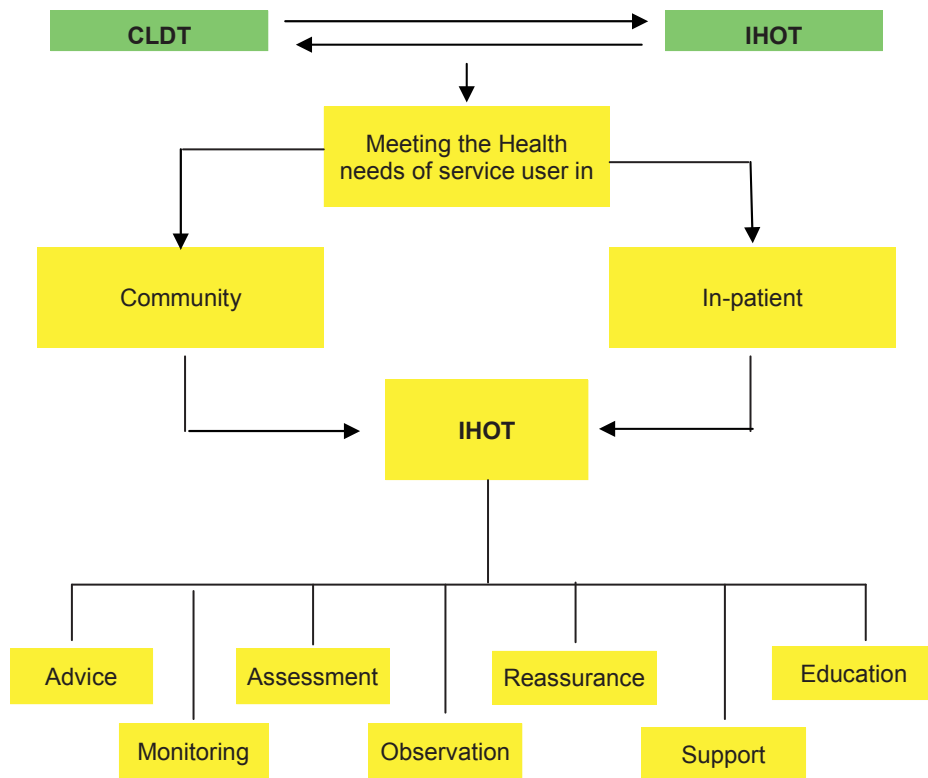




Contact us

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For more information about 2gether NHS Foundation Trust, please visit www.2gether.nhs.uk

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Community Intensive Health Outreach Team

2gether
Making life better

Foundation Trust
For Gloucestershire **NHS**

About us

The Intensive Health Outreach Team provide tertiary care for individuals based on their clinical risk.

Each person is assessed by the Community teams who will refer the individual to the Intensive Health Outreach Team, who will focus on the needs of each individual.

Where possible the service will assess the individual within the community or appropriate environment.

The Intensive Health Outreach Team also address the inequalities of health experienced by this patient group.

They have access to a dedicated team who will intensively promote holistic health and support the patient and carers by liaising effectively with other health and social care partners, thus encouraging social inclusion.

People with profound and multiple learning disabilities:

- have more than one disability
- have a profound learning disability
- have great difficulty communicating
- need high levels of support with most aspects of daily life
- may have additional sensory or physical disabilities, complex health needs or mental health difficulties
- may have behaviours that challenge us
- elderly learning disabilities and associated health problems

The Intensive Health Outreach Team consists of:

- Consultant Psychiatrist
- Dietician
- Community Services Manager
- Head of Nursing
- Physiotherapist
- Occupational Therapist
- Speech & Language Therapist
- Clinical Nurse Specialists/ Team leader
- Staff Nurse x 4
- Administration Manager
- Health Care Assistant x 8

The Community Intensive Health Outreach Team

The Community Intensive Health Outreach Team (IHOT) is a specialist service to improve the lives of adults with complex and multiple learning disabilities, their carers, families and care staff. All referrals come from the community learning disabilities team.

- Education
- Demonstrating skills
- Prevention
- Health promotion
- Demonstrating
- Transferring skills
- Supporting
- Enabling
- Stabilizing
- Helping to prevent dehydration
- Observation
- Monitoring intensive time limit
- Flow chart, posture

The IHOT staff work along side professionals from the CLDT teams.

CLDT teams refer patient's to IHOT for a period of three weeks. The patient is then be referred back to the community team.