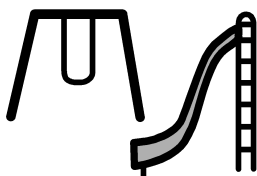


PLAYGROUND ADVICE SHEET

ADVICE AND IDEAS



Teach the children how to play games (e.g. what's the time Mr Wolf?). Teach the games in a small group during PE or a small playtime or group session. Once the children are familiar with the game and are able to play it confidently encourage them to play it in the playground with peers. Initially, the adult will have to initiate and lead the game. As this becomes more familiar encourage the children to lead and to ask peers to play.



Allocate an area of the playground for 'quiet time' for children who wish to sit quietly and clearly mark the boundaries of it. Allow children to have quiet time during playtime if they wish. If an adult is leading group games ensure they are only for a short period to allow children some time to be on their own if they choose.



Think about setting up some clubs that the children can be involved in (e.g. drawing club / lego club / book club). This could be done in areas of the playground or inside school.

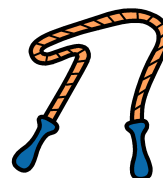


For specific children who are having difficulties at playtime, consider setting up 'playtime pals' (special friends that are chosen to play with a child for 5 minutes at each playtime). Choose suitable children from the class and put their names in a box. Each morning ask the child to choose one or two names from the box (these are then removed) and the chosen children are asked to play with the child for 5 minutes at playtime. Discuss with the child and the chosen child (from class) activities that the child likes at playtime (e.g. collecting leaves /

stones / talking about trains). This time could also be used to learn / play a game that has been focused on or promoted that week. Work through all the names in the box and start again.



You could try 'game of the week' or 'craze of the week'. Have information written on a notice board so children know which equipment to bring out or which game will be played.



Teach children 'opening lines' which will help him initiate a conversation or game with his peers (e.g. 'do you want to play chase?' 'did you watch ... last night?' 'can I play please?')



GAME IDEAS:

- ❖ What's the time Mr. Wolf
- ❖ Follow the Leader
- ❖ Swim Fishy Swim
- ❖ Creeping up on Grandpa
- ❖ Duck, Duck, Goose!
- ❖ Please Mr. Crocodile
- ❖ Hide and Seek
- ❖ Stuck in the Mud
- ❖ Tag
- ❖ Tom and Jerry
- ❖ Fruit Salad

