

Volunteer Role Description

Role title	Bowling Group buddy
Where	Stroud
When	Bowling sessions on Fridays, 1pm, fortnightly
Commitment	2-4 hours, fortnightly
Accountable to	Tom Elliott
What we do	<p>2gether NHS Foundation Trust (2gether) provides specialist mental health and learning disability services to the people of Gloucestershire and Herefordshire.</p> <p>Our priority is to deliver quality services and exceptional customer experience. Our purpose is to make life better.</p> <p>Our core values are as follows:</p> <div> <div>S Seeing from a service user perspective</div> <div>E Excelling and improving</div> <div>R Responsive</div> <div>V Valuing and respectful</div> <div>I Inclusive, open and honest</div> <div>C Can do</div> <div>E Efficient, effective, economic and equitable</div> </div> <p>We expect our staff and volunteers to share these values in order to create the best service possible.</p>

Why we want you	<p>The Recovery Team in Stroud is looking for volunteers to support a bowling group which meets fortnightly on a Friday.</p> <p>There is lots of evidence that opportunities to engage in meaningful and interesting activities have a positive impact on a person's recovery, and enhances their experience of care. Bowling is a community-based activity, and promotes social inclusion.</p>
Role tasks	<p>Under the guidance of Recovery Team staff, the volunteer(s) will</p> <ul style="list-style-type: none"> • send text reminders to people in the group a couple of days beforehand, to motivate and encourage them to attend • meet people in the group as they arrive for the session • Actively engage with all the members of the group during the session
Skills and attributes you will need	<ul style="list-style-type: none"> • Reliability • Patience • Good communication skills • non-judgemental approach • compassionate • a willingness to engage with all people • good mobility • organised • interest in mental health
Most challenging part of the role	<ul style="list-style-type: none"> • Working with people to engage them in meaningful activities at times when motivation might be low and engagement is difficult, requiring motivational and persuasive skills
Training required and how often this will need to be completed	<ul style="list-style-type: none"> • Corporate Induction – day 1 and day 2 • Safeguarding – once only – will be completed on day 1 of Corporate Induction • Breakaway Training - annually • E learning Fire Safety – every 2 years • E learning Infection Control – every 3 years • E learning Manual Handling – every 2 years • E learning Information Governance – annually
How the Trust will support you	<ul style="list-style-type: none"> • Relevant training to support volunteer role • Supportive team