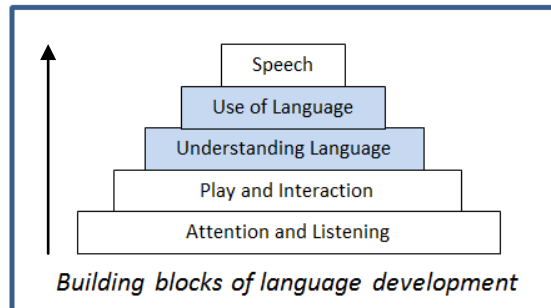


Offering Choices



Give your child the chance to choose between two options. Choices are really useful in all sorts of situations and they give your child a chance to communicate their preferences. Encourage your child to choose regularly in many different situations: at mealtimes, when getting dressed, during play.

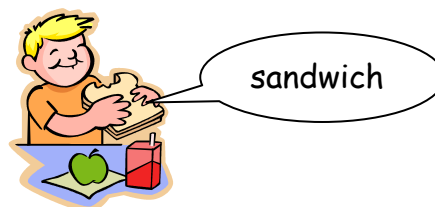
Making choices gives your child awareness that they can influence what happens around them.

Don't assume that you know what your child wants –e.g. do you want juice? Offer a **choice** of juice or milk instead.

- when you're playing together ask "book or train?"



- at snack/lunch/tea time, offer your child a choice of things to eat e.g. Apple or sandwich?



By doing this, you are demonstrating the vocabulary that your child can learn and start to use.

Accept whatever level of communication they use.

- If they look at one object for longer, answer by saying "sandwich!"
- If they attempt to say something **repeat** it back to them.
- If they attempt to point to one of them, label their choice by saying "sandwich!"