

HOW TO PREPARE FOR YOUR VIDEO CALL



Find a quiet room away from people, pets and the TV

Make sure your phone, tablet or laptop is charged or plugged in



Connect to your WiFi rather than using your data

Log into the video call at least 10 minutes before the appointment just in case there are any issues



Make sure the lights are on so we can see you!

Have some toys or activities out that your child can play with or show us



Find somewhere that you can prop up your device so you don't have to hold it

If you have any issues or concerns, please contact your therapist or call the main office on 0300 421 8937

