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Freedom of Information Request – Ref: FOI 003-1920

Thank you for your recent Freedom of Information request about Pet Therapy. Please find our response below.

1. Do you use any form of Animal-assisted Therapy within your Mental Health Trust?

Yes ✓	No
PAT DOG Volunteers only	

2. Is the AAT used primarily for patients with: (please tick the relevant box)

• Depression	✓
• Anxiety	✓
• Post Traumatic Stress Disorder?	
• Dementia	✓
• Other	

3. How many instances has AAT been used for each of the above in the last 5 years?

The Trust does not hold this information.

2018	
2017	
2016	
2015	
2014	

4. Do you have a standard operating procedure or protocol in place for AAT? If so, please provide a copy of this.

The service is run by Pets as Therapy who have their own standard guidelines.

5. How much money is spent each year on AAT within your Mental Health Trust?

It is a volunteer scheme.

5. Has the Trust published any evaluation reports on the effectiveness of AAT? If so, please could you provide a copy.

The Trust does not hold this information.

Yours sincerely,

Francis Perrin

FRANCIS PERRIN
Trust Secretariat Support Officer
2gether NHS Foundation Trust

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