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Freedom of Information Request – Ref: FOI 224-1819

Thank you for your recent Freedom of Information request. Please find the Trust's response below.

- a. How many children in your area have a diagnosis of Mental Health Disability in accordance with ICD classification? The Trust does not hold this information as diagnosis is not recorded consistently.
- b. Of those Children how many receive access to:
 - Psychiatric Services from a qualified Psychiatrist more frequently than once every 6 months?

The Trust does not hold this information.

- Of those children how many are known to have learning disabilities? The Trust does not hold this information.
- **3.** Of those children who receive service and have learning disabilities how many are prescribed and receive:
 - o Medication alone
 - Psychological Therapy including cognitive behavioural therapy alone at least monthly or more frequently
 - o A mixture of A and B
 - o Any other service
 - o In respect to the answer to b above, how many of those children receiving psychological therapy receive it more frequently than once a month?

The Trust does not hold this information.

- 4. Are your service providers permitted to give a recommendation in relation to the kind of teaching or teaching environment, that the child due to his/her mental health difficulties may require? If not why not?
 - Through the EHCP process, staff are asked to indicate how a CYP's mental health difficulties may impact on their education, and can make recommendations regarding types of adaptations and accommodations that could be made to improve access. Informally, through school meetings, for example, staff may contribute to multiagency thinking about how best to support a CYP whose health difficulties are making access to educational opportunities difficult.
- 5. Of those children with known Mental Health difficulties but who do not receive Mental Health Intervention of the kind referred to questions 1 & 3, where are they recommended to go to receive help and support from qualified mental health practitioners, breakdown in percentage terms thus
 - Eg. 20% referred back to GP, 80% recommended to speak to social services or school councellor etc.

The Trust does not hold this information.

6. Do you provide a service for those on the autistic spectrum or to those who may have learning difficulties? If so please describe briefly the service you provide. If not please explain to where these individuals are referred.

We are commissioned to provide services to children with learning disabilities and neurodevelopmental difficulties.

7. If you do not offer a service to those on the autistic spectrum or to those who may have learning difficulties where are thse children expected to go if they require mental health intervention by a qualified practitioner?

See answer to Question 6 above.

- 8. In relation to the answers given to A. within the day services department only how many:
 - Child Psychiatrists are employed in your area by your service and what is their current case load in numbers please
 - As above child Psychologists and case load
 - As above child Counsellors and case load
 - As above child therapists and case load
 - As above –Psychiatric Nurses and case load

See answer to a.

Yours sincerely,

Lisa Evans

LISA EVANS Information Governance Officer ²gether NHS Foundation Trust

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