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Freedom of Information Request – Ref: FOI 245-1819

Thank you for your recent Freedom of Information request about use of restraint. Please find the Trust's response below.

Please note Chemical Restraint refers to the use of rapid tranquillisation. The aim of rapid tranquillisation is to calm a person and reduce risk of violence and harm. The circumstances in which rapid tranquillisation will be commonly used are:

A person with disturbed mental functioning who:-

- Is exhibiting behaviour that is destructive, dangerous or aggressive.
- Is at risk of exhaustion.
- Needs rapid calming to alleviate immediate and severe distress.

- 1) Between 1st January 2017 & 31st December 2017, how many instances of restrictive intervention/restraint were there within your Trust, broken down by:

a) Physical restraint	5956
b) Chemical restraint	162
c) Mechanical restraint	0
- 2) Between 1st January 2017 & 31st December 2017, how many instances of restrictive intervention/restraint within your Trust resulted in injury to the individual being restrained, broken down by the form of restraint that was used:

a) Physical restraint	5
b) Chemical restraint	0
c) Mechanical restraint	0
- 3) Between 1st January 2017 & 31st December 2017, how many instances of restrictive intervention/restraint within your Trust resulted in the death of the individual being restrained, broken down by the form of restraint that was used:

a) Physical restraint	
b) Chemical restraint	
c) Mechanical restraint	

There have been no reported fatalities due to the use of any restrictive interventions during the above period.

Yours sincerely,

Lisa Evans

LISA EVANS

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