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18 December 2018

## Freedom of Information Request – Ref: FOI 246-1819

Thank you for your recent Freedom of Information request about psychological therapy. Please find the Trust's response below.

1. I would like to know how many young adults there are who have been unable to be referred to your service and are unable to access psychological therapy (counselling or CBT) in the last 2 years because they are not yet 18, but have been declined by SIPS (child services) because they are nearly 18 and would not be seen before their 18th birthday.  
**The Trust does not hold this information.**
2. What is your rationale for not providing any service (other than the crisis team or recovery team) for this age group? Why is there no flexibility for patients a few months off their 18th Birthday? As both adult and child services come under 2gether Foundation Trust, what criteria or protocols do you have in place for making decisions re. referral and access to services?  
**The Trust has a Transition of Care Policy and we do accept young people over 17.5 into the service and where appropriate:**
  - will transfer young people to Recovery (at age 18) or
  - support young people to either self-refer or make a direct Team to Team referral to Let's Talk Services
3. How many times has this been raised by professionals, patients or significant others and how many complaints have you had with regards to the above?  
**The Trust does not hold this information.**

Yours sincerely,

*Lisa Evans*

**LISA EVANS**  
Information Governance Officer  
2gether NHS Foundation Trust

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or write to: OPSI, 102 Petty France, London SW1H 9AJ.