

15 January 2019

Freedom of Information Request – Ref: FOI 273-1819

Thank you for your recent Freedom of Information request about IAPT. Please find the Trust's response below.

1. Does the local IAPT service policy stipulate that clinicians (low/high intensity workers/telephone triage) should routinely ask clients (or prospective clients) if they have experienced trauma or other adverse life experiences?
We have standardized Initial assessments which include questions about experiences of trauma incidents.
2. When trauma is assessed, are structured / standardised tools (eg questionnaire measures) used to assess trauma exposure and post-traumatic symptoms?
At initial assessment we use the PC PTSD5 screening questions, further assessment will be based on the DSM5 criteria. We use the impact of event scale – revised (IESr).
3. When trauma is disclosed (at any point in assessment/ treatment), how is it recorded in the clients' notes? Is there a local policy for a standard way in which this should be recorded? (E.g. description within case notes, inclusion in formulation, trauma questionnaire, ICD code)
It would be recorded in the clinical notes of that session, where PTSD has been diagnosed the ICD code would also be recorded under the problem descriptor within the electronic records.
4. Is the above information audited at a service level?
All clinical records are subject to random audit. Clinical supervision reviews all cases to ensure appropriate problem descriptors and specific standardised questionnaires (ADSM's) are used.

Yours sincerely,

Lisa Evans

LISA EVANS
Information Governance Officer
2gether NHS Foundation Trust

Copyright & Reuse of Public Sector Information

The information and material that is routinely published is subject to 2gether NHS Foundation Trust's copyright unless otherwise indicated. Unless expressly indicated on the material to the contrary, it may be reproduced free of charge in any format or medium, provided it is reproduced accurately and not used in a misleading manner. Where any of the copyright items are being re-published or copied to others, you must identify the source of the material and acknowledge the copyright status. Permission to reproduce material does not extend to any material accessed through the Trust website that is the copyright of third parties. You must obtain authorisation to reproduce such material from the copyright holders concerned. For further guidance on a range of copyright issues, see the Office of Public Sector Information (OPSI) web site: www.opsi.gov.uk/advice/crown-copyright/copyright-guidance/index.htm