

6 February 2019

Freedom of Information Request – Ref: FOI 291-1819

Thank you for your recent Freedom of Information request about Eating Disorders treatment. Please find the Trust's response below.

1. Does your Trust provide any intensive outpatient treatment for patients with Eating Disorders, for example, a day treatment programme or home treatment (or another model of intensive outpatient treatment)? We are interested in programmes for both children and young people, and/ or adults.
We are not commissioned to provide these treatments in Herefordshire. In Gloucestershire we provide home treatment for adolescents.

If “no” to question 1, that is all that is required. Thank you for your response.

If “yes” to question 1, please answer the questions below. If you have more than one model of intensive outpatient treatment and separate programmes based on age or any other criteria, please provide separate answers for each treatment programme and specify which programme is being referred to.

2. What model/s of intensive outpatient treatment does this service adopt? E.g. day treatment or home treatment, or any other treatment modalities. Although we give day treatment and home treatment as examples, we are keen to hear about any other forms of intensive treatment too.
Home treatment to augment Family-Based Treatment.
3. What is the intensity of this model/s of intensive outpatient treatment and intended length of treatment? E.g. number of hours a day/ days per week, number of contacts per week, length of treatment duration.
This is a 6 week intervention with up to 10 contacts per week for the first 3 weeks then reducing quickly. Contacts are before during and after meals and snacks and will vary in length according to need.
4. What are the referral criteria for the intensive outpatient service? E.g. restrictions by age or diagnostic criteria.
Referrals are accepted for adolescents at risk of requiring hospital admission
5. What is the catchment area for referrals to your intensive outpatient Eating Disorders service?
Gloucestershire
6. Which organisation/s commission the intensive outpatient Eating Disorders treatment?
Gloucestershire CCG
7. Please state the size of the caseload (number of accepted referrals) at your intensive outpatient Eating Disorders programme/s (as described above) on the dates below...
31 March 2017: 1 (under 18)

31 March 2018: 0

If you have more than one intensive outpatient programme, please provide the size of the caseload separately for each, and specify whether the programme is for over 18s or under 18s.

Where possible, please provide the web address explaining more about the programme.

<https://www.2gether.nhs.uk/our-teams-and-services/eating-disorders-glos/>

Yours sincerely,

Lisa Evans

LISA EVANS
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