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11 April 2019

**Freedom of Information Request – Ref: FOI 361-1819**

Thank you for your recent Freedom of Information request about  
Please find our response below.

- 1) Does your Authority use Mechanical Restraint?  
2gether Foundation NHS Trust does not use any form of Mechanical Restraint as defined in Q.2. This is based the Mental health Code of Practice (2015) definition of:
  - i) *Mechanical Restraint*; Mechanical restraint is a form of restrictive intervention that refers to the use of a *device* to prevent, restrict or subdue movement of a person's body, or part of the body, for the primary purpose of behavioural control (MHA CoP (2015), 26.75).
  - ii) *Seclusion*; Seclusion refers to the supervised confinement and isolation of a patient, away from other patients, in an area from which the patient is prevented from leaving, where it is of immediate necessity for the purpose of the containment of severe behavioural disturbance which is likely to cause harm to others (MHA CoP (2015), 26.104).
- 2) If so, what form does this take ie handcuffs, soft cuffs, emergency response belt, seclusion etc  
Not Applicable
- 3) In what circumstances are mechanical restraint techniques applied  
Not Applicable
- 4) How many incidents of the use of mechanical restraint have been recorded by your Authority over the last three years?  
Not Applicable
- 5) The number of injuries/fatalities incurred by both Service Users and Staff during the use of mechanical restraint in the last three years.  
Not Applicable

Yours sincerely,

*Francis Perrin*

**FRANCIS PERRIN**  
**Trust Secretariat Support Officer**  
**2gether NHS Foundation Trust**

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or write to: OPSI, 102 Petty France, London SW1H 9AJ.