# FOLLOWING A CHILD’S LEAD

STRATEGIES AND ACTIVITIES TO TRY AT HOME

**HOW IT HELPS**

It is important to let your child take the lead when playing. This is because children listen better and pay more attention if they are doing what they want to do.



**TOP TIPS**

* Get down to the same level as your child- this usually means sitting or lying on the floor!
* Sit back and let your child choose the toy they want to play with.
* Let them do what they want to do with the toy; for example, if they want to bang the bricks together instead of building a tower, as long as they aren’t hurting themselves or damaging something, that’s okay.
* If your child keeps going back to the same toy, that’s okay too- children love repetition!
* Try not to interfere or get them to do what you want to do!
* Talk about what the child is looking at, not what you are looking at.

