



Gloucestershire Meaningful Activity & Wellbeing Network

The Care Home Support Team along with Orchard Trust have been holding network meetings for activity co-ordinators and activity providers for some time now and Care Home Support Team have hosted annual activity co-ordinator CPD events in Gloucestershire since 2012, where activity providers are able to meet, network and develop new skills.

Since October 2016 the network for activity provision has been rebranded and re-launched as the **Gloucestershire Meaningful Activity & Wellbeing Network**.

This multi- agency collaboration between Glos Care Services, Glos County Council, 2gether Trust and Gloucestershire Care Providers Association (GCPA) supports **Meaningful Activity** and the **Wellbeing of Adult** users of Health and Social Care and now includes Dom Care Services, Day Services and Learning Disability Services.

The importance of activity provision for people supported by Health and Social Care Agencies is present in legislation such as the Care Standards Act, National Standards Framework and Dementia Care Strategy and has been highlighted by the publication of The Care Act 2014 which enshrines the value of **Meaningful Activity and Wellbeing**

The clear message is that the provision of **Meaningful Activity** is an important way to enhance the **Wellbeing** and quality of life experienced by people you support and is central to person centred care.

Joining the **Gloucestershire Meaningful Activity and Wellbeing Network** offers a great opportunity for activity providers to meet colleagues, share skills and good practice and get to know about the important events and ideas that are going on in the world of activity provision.

The Network has a Facebook page which we would encourage you to join as one method in which the Network keep in touch. There is also a quarterly Newsletter which can be emailed to activity providers.

We look forward to meeting you and aim to help you to improve the Wellbeing of the people you support through staff training, advice and sharing good practice in the provision of meaningful activity .

Locality meetings are currently held in the Forest of Dean, Stroud, Gloucester and Cheltenham.

A calendar of events with further information and contact details is now available.

Contact CHST on Tel: 0300 421 8293 Email: CHST@glos-care.nhs.uk