

Learning Disability Week 2020



WHEN: 15th to 21st June

Mencap theme of the week is
the importance of friendships during
lockdown.



Here is our Easy Read list of activities
taking place during Learning Disability
Week – there is so much happening right
here in our County of Gloucestershire!

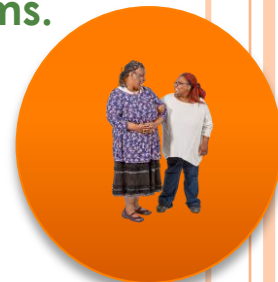


Also, each day during Learning Disability
Week check out the personal stories of
friendships, life in lockdown, highs and
lows of loneliness and social isolation.



Each day during Learning Disability
Week check out our 'News Blog'
@GloshealthNHS on Facebook,
Twitter and Instagram. We will be
highlighting one of our LD Teams.

Now turn the page to find a list of some of
the activities happening in your area to
celebrate the importance of friendships
during lockdown.

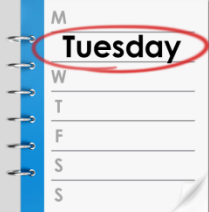

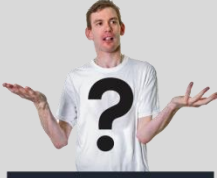





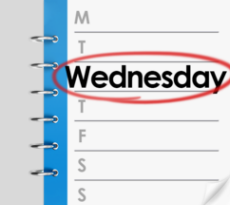


#LDWEEK2020

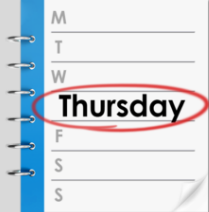

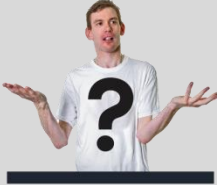




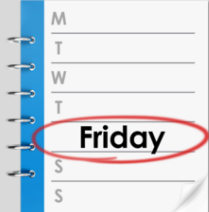

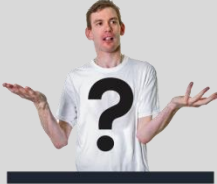




		<p>Where</p> 
 <p>Any time</p>	<p>Introduction to Learning Disability Week 2020</p> <p>The Integrated Disabilities Commissioning Hub, talks about 'the importance of friendships during lockdown' and why it is so important. #LDWeek2020</p>	<p> YouTube</p> <p>https://www.youtube.com/watch?v=MQ_z9DO3-sM&feature=youtu.be</p>
	<p>Live Coffee and Chat</p>	<p> Kingfisher Treasure Seekers <i>Be the best you</i></p> <p>https://www.kftseekers.org.uk/</p> <p>https://www.facebook.com/KFTreasureSeekers/</p>



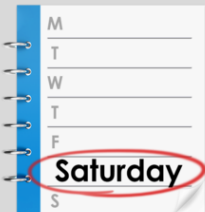



		<p style="text-align: right;">Where</p> 
 <p>Any time</p>	<p>Inclusion Gloucestershire Project: Your Health, Your Voice, Your Life</p> <p>Inclusion Gloucestershire would like to hear from people who have a learning disability and/or autism and people who support those who do.</p> <p>They want to hear from you to help make the NHS better.</p> <p>They want to know what you think about being part of other health groups.</p>	 <p>https://www.surveymonkey.co.uk/r/InclusionGlos</p>  <p>https://www.inclusiongloucestershire.co.uk/wp-content/uploads/Your-Health-Your-Voice-Your-Life-Questionnaire.pdf</p>

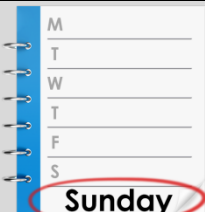



		<p style="text-align: right;">Where</p> 
	<p>A Live Bingo Session</p>	 <p>https://www.kftseekers.org.uk/</p> <p>https://www.facebook.com/KFTreasureSeekers/</p>
 <p>Any time</p>	<p>Launching of Forwards Website</p> <p>Gloucestershire's first stop for disability employment.</p>	 <p>https://www.youtube.com/channel/UCk-77xV5q1RN7uhi1h9qoRQ</p>

		<p>Where</p> 
 <p>Any time</p>	<p>You're Welcome is an inclusive online directory and forum. It's the place to find social events, clubs, groups or places to visit.</p>	 <p>https://www.yourewelcomeglos.org/</p>

		<p>Where</p> 
	<p>A Live Art Session</p>	 <p>https://www.kftseekers.org.uk/</p> <p>https://www.facebook.com/KFTreasureSeekers/</p>
	<p>The Music Works Radio</p> <p>Live 2 hours of chat and requests</p>	 <p>https://www.yourewelcomeglos.org/events/the-music-works-radio-1</p>

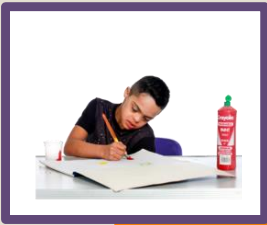


	<p>June</p> <p>20</p>	<p>Where</p> 
	<p>Virtual Summer Fair</p> <p>Join the Orchard Trust for an online Summer Fair!</p>	 <p>Orchard Trust People come first</p> <p>https://www.facebook.com/events/2988716297831525</p>

	<p>June</p> <p>21</p>	<p>Where</p> 
	<p>Soundabout Inclusive Choir</p> <p>The Soundabout Inclusive Choir is made up of people of all ages and abilities, and they have been meeting and singing together virtually while in lockdown.</p>	 <p>https://www.yourewelcomeglos.org/events/soundabout-inclusive-choir</p>

Share your stories or photo's relating to Learning Disability Week

@GloshealthNHS on   



Mencap - ways to get involved #LDWeek2020

Create a friendship flag - download a pack from the Mencap website






<https://www.mencap.org.uk/get-involved/learning-disability-week-2020#involved>



Our local guide to Learning Disability Week has been put together with the help of many organisations.



Please take a look at some of our partner websites to explore more resources and useful contact details to help you stay connected.

	<p>Inclusion Gloucestershire have been working with Gloucestershire County Council and other organisations to create a hub of accessible information about Covid-19. The hub weblink is:- https://www.inclusiongloucestershire.co.uk/covid-19/ This 'anything else' weblink has lots of Easy Read resources about Covid-19:- https://www.inclusiongloucestershire.co.uk/covid-19/anything-else/</p>
	<p>You're Welcome is an inclusive online directory and forum. It's the place to find social events, clubs, groups or places to visit. Click on the link to have a look at their website and sign up for a personalized newsletter! https://www.yourewelcomeglos.org/</p>
	<p>Kingfisher Treasure Seekers Click on the 'get involved' weblink and sign up for a newsletter! https://www.kftseekers.org.uk/newsletters</p>



Gloucestershire's Disabilities Partnership Board has put together a series of Easy Read Newsletters with lots of information about Covid-19. Click on this weblink to have a look at the latest update for Gloucestershire:-

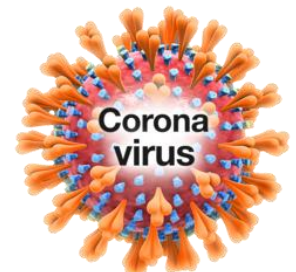
<https://www.gloucestershire.gov.uk/health-and-social-care/disabilities/partnership-boards/>



Scrubditch Care Farm near Cirencester provides farming-based activities for adults and young people with learning difficulties, challenging behavior, or mental health problems. Click on this weblink to sign up to their email newsletter:-

<https://www.scrubditchcarefarm.org.uk/>

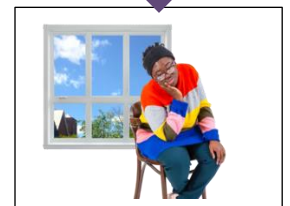
Your experience of living in Gloucestershire during Covid-19 lockdown



As Gloucestershire County Council and the Clinical Commissioning Group start to plan for Covid-19 recovery, they would like to hear about your experiences of living **during COVID lockdown**.

If you have a physical disability, learning disability, mental health condition, sensory impairment, on the autistic spectrum, or are an unpaid carer, please click on this link to complete a survey.

[Click here to access the survey](#)



Or you may like to share your story and experiences of living in lockdown via a Zoom recording. To do this, please email:-

Disabilitiescommissioning@gloucestershire.gov.uk



for more information.



Gloucestershire Health
& Care NHS
Foundation Trust (GHC)
has a dedicated
Learning Disabilities
section on their
website

Click on the link below
for information about

- Our Learning Disability Teams
- Easy Read resources
- A list of partner organisations who might be able to help



<https://www.ghc.nhs.uk/other-areas/learning-disabilities/>



Whilst exploring the GHC website don't forget to click on the link to the

Health Facilitation Team

This is where people living with a learning disability, their carers or healthcare professionals can find lots of Easy Read resources about health information, accessing health services and staying healthy.



Have you heard of 'MY HEALTH PASSPORT'?



No what is MY HEALTH PASSPORT?

I can tell you!
MY HEALTH PASSPORT is a NEW EASY READ 'grab sheet' that could accompany a person who requires reasonable adjustments to their health care, when they have a health appointment or go into hospital whether the admission is an emergency or planned.



That is a REALLY GOOD idea! Where can I get one?



I know because I have one!
I contacted the Health Facilitation Team on **FREEPHONE 0800 019 3346** and asked if Simon or Karin could send me a pre printed one in the post. And they said YES! It looks like this.



My Health Passport was produced by the GHC Learning Disability Health Facilitation Team following consultation with Learning Disability partners in Gloucestershire Hospital NHS Foundation Trust, the All Disability Provider Forum and a countywide survey.



[Click here](#) to access an editable version of the Easy Read My Health Passport.

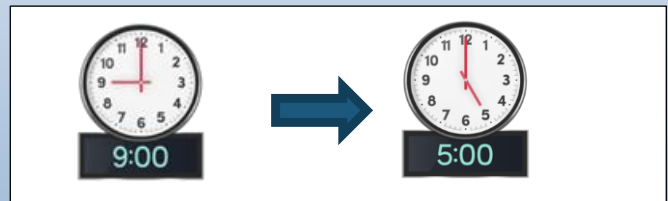


If you have a learning disability and need **help** with a hospital appointment or you need to stay at either Gloucester Royal or Cheltenham General Hospital, the **Learning Disability Hospital Liaison Nurse Team** can help and support you.



The Learning Disability Hospital Liaison Nurse Team work

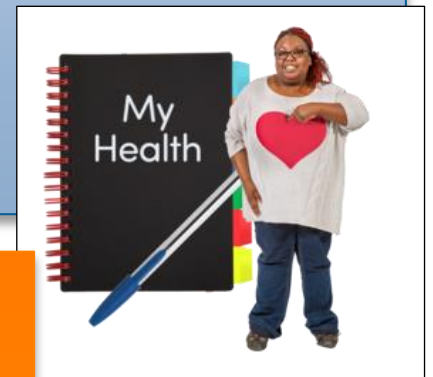
Monday to Friday



They do not work on a Bank Holiday



0300 422 4953



Take a look at the latest Newsletter from the Learning Disability Hospital Liaison Team at Gloucestershire Hospitals NHS Foundation Trust.

To open the Newsletter, double click on the PDF image with your mouse.



LearningDisability-newsletter April - June 2

Some of you might ask



What do I do if I haven't got a computer at home to access the various websites mentioned in this Newsletter?



If you would like an Easy Read transcript of any of our social stories on our 'News Blog' @GloshealthNHS featured during Learning Disability Week 2020, or would like a paper copy of this Newsletter, please get in contact with :-



Communication Team
Gloucestershire Health & Care NHS Foundation Trust
Edward Jenner Court, 1010 Pioneer Avenue,
Gloucester Business Park, Brockworth,
Gloucester, GL3 4AW.



0300 421 8100



Did you know whilst staying at home.....

Inclusion Gloucestershire Hub members who do not have a computer at home can now receive a personalised **activity pack** in the post. If you would like an activity pack or remote support whilst staying at home, like a regular **phone call**, fill in a membership form <https://www.inclusiongloucestershire.co.uk/>



Or get in touch with Inclusion Gloucestershire on 01452 234003